**Health Apps**

CDC has a number of mobile apps available on a variety of platforms, iOS, Android and Microsoft Windows 8: <http://www.cdc.gov/mobile/mobileapp.html>

Top Free Windows Health Apps: <http://www.windowsphone.com/en-us/store/top-free-apps/health-fitness/healthandfitness>

50 Free apps for iphones: <http://www.appstoreapps.com/top-50-free-health-and-fitness-apps/>

**Health/Health Status Data**

Behavioral Risk Factor Surveillance System (BRFSS): [www.cdc.gov/brfss/](http://www.cdc.gov/brfss/)   
  
Data Resource Center for Child & Adolescent Health: <http://childhealthdata.org/browse/survey>  
Disability and Health Data System (DHDS): <http://dhds.cdc.gov/>

Federal Surveys Identifying People with Disabilities**:** <http://aspe.hhs.gov/daltcp/reports/2011/DDNatlSur.pdf>

**Graphics**

CDC Public Health Image Library: <http://phil.cdc.gov/phil/home.asp>   
  
Image library: Florida Office on Disability & Health <http://fodh.phhp.ufl.edu/training-resources/inclusive-image-library-photo-release/>

**Healthcare Provider Training Resources**

Western University Center for Disability & Health Policy. Educating health professionals on disabilities. Pomona, CA: <http://www.westernu.edu/xp/edu/cdihp/cdihp-resources-professionals.xml>

Smeltzer & Sharts-Hopko. Provider’s guide for the care of women with physical disabilities & chronic health conditions. Chapel Hill: NC Office on Disability & Health. <http://www.fpg.unc.edu/~ncodh/pdfs/providersguide.pdf>

Barker LT, et al. Practitioners’ guide to primary care for women with physical disabilities. Berkeley, CA: Berkeley Policy Assoc/Alta Bates Summit Medical, 2005. <http://www.berkeleypolicyassociates.com/images/berkeleypolicyassociates.com/Image/photo/20050707_193250/Booklet.pdf>

Havercamp S. CDC web-based training modules. Healthcare access for persons with disability. Part I: physical & sensory disabilities. Part II developmental disabilities. <http://nisonger.osu.edu/disabilityconted.htm>.

Aging & Disability Network Participant Direction Toolkit (an element in the Affordable Care Act). <http://www.bc.edu/content/bc/schools/gssw/nrcpds/tools/toolkit.html>.  

Chun A (Ed). Geriatric care by design. A clinician’s handbook to meet the needs of older adults through environmental & practice redesign. Am Medical Assoc, 2011.

**Resources for Promoting Accessible, Inclusive Fitness and Outdoor Recreation**

**National Center on Health, Physical Activity and Disability**

[**http://www.ncpad.org**](http://www.ncpad.org)

NCHPAD encourages persons with disabilities to participate in regular physical activity to promote healthy lifestyles and prevent secondary conditions.

[**National Center on Accessibility: Indiana University Bloomington**](http://www.ncaonline.org/)

[**www.ncaonline.org**](http://www.ncaonline.org)

Provides technical assistance to organizations of all sizes who are designing and retrofitting their leisure areas and programs for accessibility; conducts webinars and training programs; and promotes access and inclusion for people with disabilities in parks, recreation and tourism.

**American Trails**[**www.americantrails.org/resources/accessible/index.html**](http://www.americantrails.org/resources/accessible/index.html)

The mission of American Trails is to enrich the quality of life for all people and the sustainable development of communities by advancing and promoting the development, preservation, and enjoyment of diverse, high quality trails and greenways.

**National Trails Training Partnership (NTTP)**

[**www.americantrails.org/nttp/default.htm**](http://www.americantrails.org/nttp/default.htm)

NTTP is a project of American Trails and is an alliance of [Federal agencies](http://www.americantrails.org/nttp/elkintonarticleNTTP.html), [training providers](http://www.americantrails.org/nttp/FeatureTrain.html),[nationwide supporters](http://www.americantrails.org/nttp/who.html), [professional contractors](http://www.americantrails.org/nttp/PTBAnttp.html), and providers of [products and services](http://www.americantrails.org/resources/consultants/index.html).

**Accessibility Online**

[**www.accessibilityonline.org/**](http://www.accessibilityonline.org/)

AccessibilityOnline represents a collaborative training program between the ADA National Network and the [US Access Board](http://www.access-board.gov/). The program includes a series of free webinars and audio conferences on different topics of accessibility. Sessions are held on a monthly basis and cover a variety of topics concerning accessibility to the built environment, information and communication technologies, and transportation.

**ADA National Network**  
[**http://adata.org/**](http://adata.org/)

The ADA National Network consists of 10 regional centers and an ADA Knowledge Translation Center. The regional centers are distributed throughout the United States to provide local assistance and foster implementation of the ADA.

**Inclusive Fitness Coalition**  
[**http://incfit.org/node/176**](http://incfit.org/node/176)  
The mission of the IFC is to facilitate coordination of organizations and individu­als to address the complexity of personal, social, cultural, political, and economic factors that influence – positively or negatively – the participation of people with disabilities in physical activity, fitness, sports, and recreation.

**National Park Service America the Beautiful Access Pass**

[**http://www.nps.gov/accessibility.htm**](http://www.nps.gov/accessibility.htm)

A free, lifetime pass - available to U.S. citizens or permanent residents of the United States that have been medically determined to have a **permanent disability -**that provides access to more than 2,000 recreation sites managed by five Federal agencies.

**State Parks and Accessible Amenities**

Accessibility in state parks varies widely in terms of accessible amenities and the level of available information about accessibility. These are some examples of how states share this information.

|  |  |
| --- | --- |
| *Arkansas* | <http://www.arkansasstateparks.com/!userfiles/pdfs/accessibility/2012_ADA_facilities_web.pdf> |
| *California* | <http://access.parks.ca.gov/> |
| *Florida* | <http://www.floridastateparks.org/accessforall/> |
| *Massachusetts* | <http://www.mass.gov/eea/docs/dcr/universal-access/accessbroch.pdf> |
| *New York* | *Inclusive Recreation Resource Center:* <http://colfax.cortland.edu/nysirrc/index.html> |

**2013 Delaware Statewide Comprehensive Outdoor Recreation Plan** <http://www.dnrec.delaware.gov/parks/Information/Documents/2013%20Scorp/Draft%202013%20SCORP.pdf>